

**Indemnification by Parents or
Guardian of Applicant**

The undersigned parents of _____ ,
the applicant, for and in further consideration of the University of
Missouri Track and Field Camp accepting said applicant, does hereby
release and discharge the Curators of the University of Missouri and
its representatives, employees, and agents from any and all debts,
claims, demands, actions, damages, causes of action, judgements,
or suits of any kind which may arise or be occasioned as a result of
the applicant's participation in the Missouri Track & Camp and hereby,
agree to have and indemnify and keep harmless the Curators of the
University of Missouri, its representatives, employees, and agents
against any and all liability, claims, judgements, or demands for
damages arising as a result of any course instruction given the appli-
cant by the University of Missouri Track and Field Camp.

Signature of Parent or Guardian Date

The indemnification form must be filled out and
signed by a parent or guardian to complete camp
registration. Incomplete forms will be returned.

Medical Treatment Authorization

I/we being the parents and/or legal guardians of the applicant
authorize the University of Missouri and its agents permission to
request emergency medical treatment or care as necessary to
insure the well-being of our dependent. Further, I claim that the
registrant has had a physical examination in the past year and
was found fit for all physical endeavors.

Signature of Parent or Guardian Date

Are you or your dependents entitled to benefits under
any employer, union, group, plan, group Blue Cross, Blue
Shield, Medicaid, or any government program?
Yes No <circle one>

If yes, please complete the following:

Person carrying other insurance coverage

Employer of sponsoring organization

Insurance Company

Plan of Policy

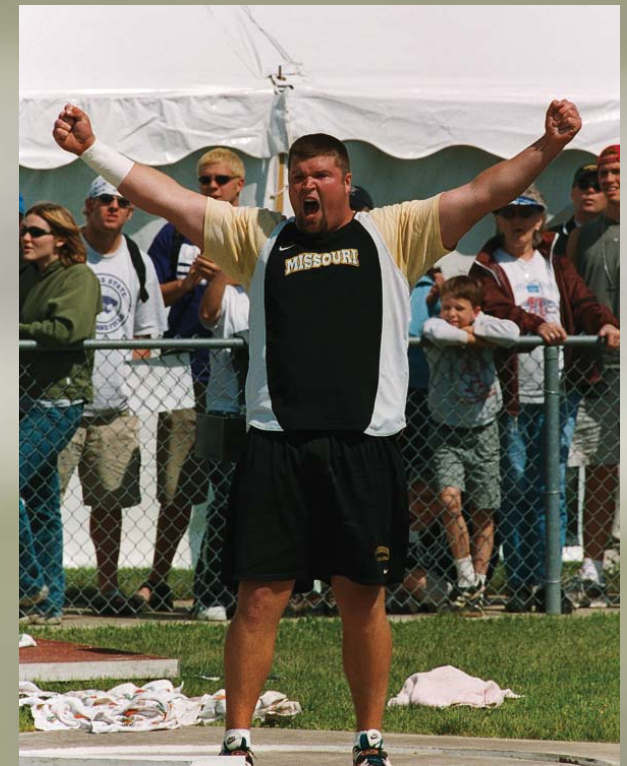
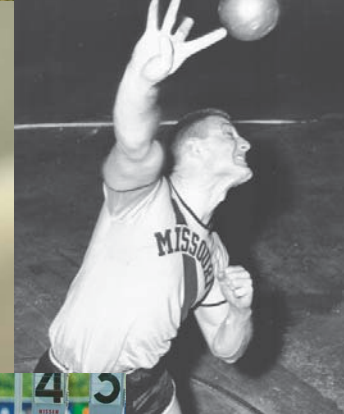
**Thrower Development Camp 2004
Schedule**

December 11, 2004

8:00am Check - In @ Stoney Creek Inn
8:45am Check - In Closes
9:15 am Staff Introductions
9:45am Competitive Warm-up Routine
10:00am Technical Session #1
12:30pm Break for Lunch
1:00pm Dynamic Training for Throwers
2:00pm Technical Session #2
3:30pm Developing a Concentration Model for
Competition
4:00pm Technical Session #3
5:30pm Tying it All Together
6:00pm Day One Closes

December 12, 2004

8:00am Check - In @ Stoney Creek Inn
8:45am Check - In Closes
9:15am Staff Introductions
9:45am Competitive Warm-up Routine
10:00am Technical Session #1
12:30pm Break for Lunch
1:00pm Training Core,
Stability & Mobility for Throwers
2:00pm Technical Session #2
3:30pm Understanding Motivation
4:00pm Technical Session #3
5:30pm Tying it All Together
6:00pm Day Two Closes



**University
of
Missouri**
Thrower Development Camp
Hearnes Center
Fieldhouse
December 11-12, 2004





The Staff



Brett Halter
Associate Head Coach, Univ. of Missouri ... ninth year as throws coach ... coached 20 All-Americans ... ten Big 12 Champions ... USATF Development Coordinator for the junior men's shot put



Dr. Rick McGuire
Head Track & Field Coach, Univ. of Missouri ... 2000 Big 12 Head Coach of the Year ... Coached 99 All-Americans in 21 years at Mizzou ... have overseen 80 Big 8 & Big 12 Champions ... member of 1992 & 1996 U.S. Olympic staffs



Dick Cochran
Missouri grad ... 1960 Olympic Discus Bronze Medalist ... 1959 & 1960 NCAA Discus Champion



Christian Cantwell
Missouri '03 ... 2004 World Indoor Shot Put Champion ... ranked #1 in the World in 2004 ... Sixth All-Time in World's History with PR of 73-11.25" ... seven-time All-American ... six-time Big 12 Champion



Teri Steer
SMU '98 ... Oklahoma State Throws Coach ... 2000 Olympian ... former NCAA Indoor Shot Put Record Holder ... 2002 Indoor and Outdoor USA Champion ... shot put PR, 63-4



Janae Strickland
Missouri '04 ... two-time All-American ... 2004 Olympic Trials qualifier ... five-time All-Big 12 ... 2004 NCAA Midwest Regional Champion ... shot PR - 55-6.5



Carla Grewe
Missouri '02 ... three-time All-Big 12 performer

Josh Hoener
Head Track & Field Coach, Owensville High School ... Missouri graduate

John Fortney
Head Track & Field Coach, Cuba High School ... Volunteer Coach, Univ. of Missouri - Rolla

Cheryl Spradley
Head Track & Field Coach, Raytown High School ... two-time All-Big 8 ... Mizzou graduate and former graduate assistant coach

Missouri Student-Athletes



Adam Burla
All-Big 12 shot putter ... two-time NCAA Regional qualifier



Conrad Woolsey
Six-Time All-American ... 2004 USATF Olympic Trials qualifier, shot put



Bill Hobson
All-Big 12 shot putter ... NCAA Midwest Region qualifier ... Texas High School Champ



Bobby Musil
NCAA Midwest Regional qualifier in freshman year ... 2003 High School All-American



Jason Morris
2003 MSHSAA Class 3 Discus Champion



Adam Noteis
2001 MSHSAA Class 4 Discus Champion



David Borchardt
Two-Time Missouri High School Class 4 All-State Discus performer



Tyler Dailey
2002 and 2003 MSHSAA Class 4 Shot Put Champion



Nate Englin
Five-Time Minnesota High School Champ ... In National High School Top 15 in 2004



Ben Stafford
Two-Time Kansas 6A javelin champion



Chris Rohr
Four-Time Missouri State Champ ... 2004 adidas National Champion ... USA Today All-American



Elisha Hunt
Four-Time MSHSAA Champion ... Class 2 Shot Put State Record Holder



Jamie Wynn
NCAA Midwest Regional qualifier in the discus in 2004



Lindsey Markworth
Three-Time All-Big 12 performer ... Four-Time NCAA Region qualifier ... Six-Time MSHSAA Champion



Melanie Uher
NCAA Midwest Region qualifier and All-Big 12 ... 2003 High School All-American



Laura Ortinau
2003 MSHSAA Class 4 Shot Put Champion



Elizabeth Robe
2004 Wisconsin Shot Put Champion ... best in the state in 2003 and 2004



Denise Gilmore
Jennifer Smith

Application Form (fill front and back)

Name _____

Address _____

City _____ State _____

Zip _____

Home Phone _____

Emergency Phone _____

High School _____

Age _____ Grade _____

Email _____

Sex: (circle one) Male Female

Check one:

_____ \$135 Day 1 - December 11

_____ \$135 Day 2 - December 12

_____ \$185 Days 1 & 2

Best Marks:

SP _____ DT _____

T-Shirt Size: (circle one)

S M L XL 2XL 3XL

Confirmation of your registration, a complete schedule and driving directions will be sent to you prior to the start of the camp.

Make Checks Payable To:
Missouri Thrower Development Camp

Mail to:
University of Missouri Track & Field,
Thrower Development Camp,
370 Hearnes Center,
Columbia, MO 65211



Walsworth
Publishing Company

About the Camp
The Environment: The camp will include the latest in technique, training and drills. The camp will be housed in the Hearnes Center Fieldhouse, the Tiger Indoor Track & Field home facility. The environment will be fun, yet throws intensive, with comprehensive coverage of the shot put and discus.

Cost: \$135 Day / \$185 Both Days

Ages: Campers should be at least 10 years old

Check-In: December 11th & 12th @ 8:00 a.m.
Check-Out: December 11th & 12th @ 6:15 p.m.
Check-In and Check-Out will be at the Stoney Creek Inn located just south of the Hearnes Center on Providence Road.

Housing: Overnight arrangements is the responsibility of the camper and will not be provided by the camp. The Stoney Creek Inn has blocked rooms for the camp at \$62 for a double room. For reservations, please call (573) 442-6400.

Meals: Lunch & Dinner is included in the registration fee.

The camp will be limited to the first 50 participants per session.

For More Information Contact:
Brett Halter
370 Hearnes Center
Columbia, MO 65211
Phone: (573) 882-9323
Fax: (573) 884-7577
Email: halterb@missouri.edu