



*Mid-Atlantic USATF
Member Club*

Dear Prospective Member,

Once again the Long & Strong Throwers Club is opening its membership. We've grown to over 50 members of both genders and all ages, from all over the U.S. and we are looking for further growth in 2004.

Who should join? To carry the Long & Strong name, members should demonstrate(1) a sincere love for the throwing events, and (2) good sportsmanship. Kickin' butt in the circle, on the runway or behind the trig is a bonus!

Annual dues are \$25. Your membership will include the new 2004 club t-shirt. After all, MEMBERSHIP HAS ITS PRIVILEGES! For information about the club, please visit our website at <http://www.longandstrong.com>.

Yours in throwing,

Glenn A. Thompson
Minister of Propaganda

*** Club membership
does not include a sub-
scription to the Long &
Strong Throwers Journal*

-----Detach Here-----

LONG & STRONG THROWERS CLUB

2004 Membership Application

Name _____
Street Address _____
City _____ State _____ Zip Code _____
Phone Number _____
E-mail Address _____
Events _____ T-Shirt Size _____

Do you have any special skills or resources you can make available to the club? _____

*Please enclose a check for \$25 payable to the Long & Strong Throwers Club, c/o Warren Taylor, 315 Sylvan Retreat, Columbia, PA 17512