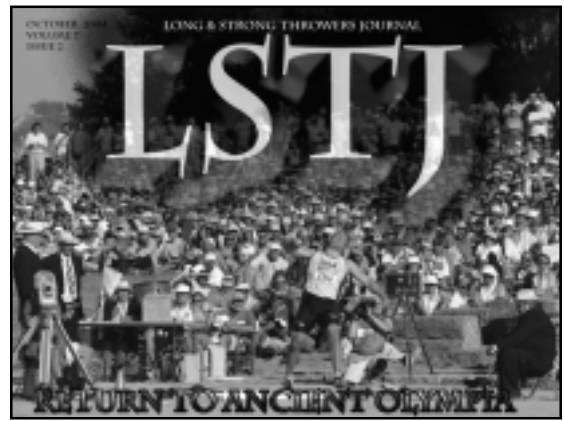


LONG & STRONG LSTJ THROWERS JOURNAL



The *Long & Strong Throwers Journal* is proud to announce a new venture...throws posters!!! That's right, full size (24" X 36") posters of your favorite throwers, suitable for framing. The posters are **full-color** and printed on sturdy 100-pound text stock.

Imagine your favorite thrower displayed for all to see in your gym, office or home!

The first in the series is USATF shot champion and two-time Olympic silver medallist Adam Nelson. This is a trial venture for *LSTJ*. If this initial offering proves popular, look for more to follow of your shot, discus, javelin and hammer favorites.

Please support this effort. After all, **Throwers deserve heroes too!!!**

Glenn Thompson, Publisher- LSTJ

ORDER FORM

Check/Money Orders/Mastercard or Visa

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 E-mail _____
 Comments _____

MAIL/PAYABLE TO:

Glenn Thompson, 3604 Green Street,
 Harrisburg, PA 17110
 717-238-1720 / Thrower60@aol.com

[U.S. Funds]

Quantity: ___ X \$9.00 = \$ _____

Base Shipping \$3.50 (1),
 add \$1.00 for each additional
 poster \$ _____

Canada, Mexico
 (add \$2.00 to Base Shipping) \$ _____

Other Than North America
 (add \$4.00 to Base Shipping) \$ _____

TOTAL \$ _____

Credit Card Orders

M/Card _____ Visa _____
 Acct.
 # _____
 Expiration Date _____